



Shabbat Blessings

Candles

ברוך אתה יי אלהינו מלך העולם, אשר קדשנו במצותיו, וצונו להדליק נר של שבת.

Baruch atah adonai, eloheinu melech ha-olam, asher kid'shanu b'mitzvotav, v'tzivanu l'hadlik ner shel Shabbat.

Blessed are You, Adonai, our G-d, Ruler of the World, who has sanctified us with G-d's mitzvot and commanded us to light the Shabbat candles.

Welcoming Angels-Shalom Aleichem

שלום עליכם, מלאכי השרת, מלאכי עליון, ממלך מלכי המלכים, הקדוש ברוך הוא.

בואכם לשלום, מלאכי השלום, מלאכי עליון, ממלך מלכי המלכים, הקדוש ברוך הוא.

ברכוני לשלום, מלאכי השלום, מלאכי עליון, ממלך מלכי המלכים, הקדוש ברוך הוא.

צאתכם לשלום, מלאכי השלום, מלאכי עליון, ממלך מלכי המלכים, הקדוש ברוך הוא.

Shalom aleichem malachei ha-shareit malachei elyon mi-melekh malachei ham'lachim HaKadosh Barukh Hu.

Boachem l'shalom malachei ha'shalom malachei elyon mi-melekh malachei ham'lachim HaKadosh Barukh Hu.

Barchuni l'shalom malachei ha'shalom malachei elyon mi-melekh malachei ham'lachim HaKadosh Barukh Hu.

Tzeitchem l'shalom malachei ha'shalom malachei elyon mi-melekh malachei ham'lachim HaKadosh Barukh Hu.

Peace be unto you, O ministering angels, Messengers of the Most High, the Ruler of Rulers, the Holy One, blessed be G-d.

May your coming be in peace, messengers of peace, Messengers of the Most High, the Ruler of Rulers, the Holy One, blessed be G-d.

Bless me with peace, messengers of peace, Messengers of the Most High, the Ruler of Rulers, the Holy One, blessed be G-d.

May your departure be in peace, messengers of peace, Messengers of the Most High, the Ruler of Rulers, the Holy One, blessed be G-d.

Sanctifying Shabbat with Wine-Kiddush

יום הששי.

וַיְכַלּוּ הַשָּׁמַיִם וְהָאָרֶץ וְכָל צְבָאָם. וַיְכַל אֱלֹהִים בַּיּוֹם הַשְּׁבִיעִי מְלַאכְתּוֹ
אֲשֶׁר עָשָׂה, וַיִּשְׁבֹּת בַּיּוֹם הַשְּׁבִיעִי, מִכָּל מְלַאכְתּוֹ אֲשֶׁר עָשָׂה. וַיְבָרֶךְ
אֱלֹהִים אֶת יוֹם הַשְּׁבִיעִי וַיְקַדְּשׁ אֹתוֹ, כִּי בּו שְׁבֹת מִכָּל מְלַאכְתּוֹ, אֲשֶׁר
בָּרָא אֱלֹהִים לַעֲשׂוֹת.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הַגֶּפֶן.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְרָצָה בְּנוּ,
וְשִׁבֹת קִדְּשׁוּ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ זְכוֹר לְמַעֲשֵׂה בְּרֵאשִׁית, כִּי הוּא
יוֹם תְּחִלָּה לְמִקְרָאֵי קִדְּשׁ, זְכוֹר לִיצִיאַת מִצְרַיִם, כִּי בָנוּ בְּחֵרְתָּ וְאוֹתָנוּ
קִדְּשָׁתָּ מִכָּל הָעַמִּים, וְשִׁבֹת קִדְּשָׁתָּ בְּאַהֲבָה וּבְרָצוֹן הִנְחִלְתָּנוּ. בְּרוּךְ אַתָּה יי,
מִקְדֵּשׁ הַשְּׁבֹת.

Yom HaShishi. Vay'chulu haShamayim v'ha-aretz v'chol tz'va-am. Vay-chal Elohim bayom hashvi-i m'lachto asher asa, vayishbot bayom hashvi-i mikol m'lachto asher asa. Vay'varech Elohim et yom ha'shvi-i vay-kadeish oto, ki vo shavat mikol m'lachto asher bara Elohim la'asot.

Baruch atah Adonai Eloheinu melekh ha-olam borei p'ri ha-gafen.

Baruch atah Adonai Eloheinu melekh ha-olam asher kid'shanu b'mitzvotav v'ratza vanu, v'shabbat kod'sho b'ahava uv'ratzon hin-chaltanu zikaron l'ma'aseh v'reishit, ki hu yom t'chilah l'mikra-ei kodesh ze-cheir l'tzi-at Mitzrayim. Ki vanu vacharta v'otanu kidashta mi-kol ha-amim, v'shabbat kod'she-cha b'ahava uv'ratzon hin-chaltanu. Baruch atah Adonai, m'kadeish ha-shabbat.

The sixth day. The heavens and the earth, and all within them, were finished. By the seventh day G-d had completed the work which G-d had been doing; and so G-d rested from all G-d's work. Then G-d blessed the seventh day and sanctified it because on it G-d rested from all G-d's work of creation.

Praised are You, Lord our G-d, Ruler of the world, Creator of the fruit of the vine.

Praised are You, Lord our G-d, Ruler of the world, who has taught us the way of holiness through the mitzvot. Lovingly You have favored us with the gift of Your holy Shabbat as our inheritance, a reminder of creation, first among the sacred days which recall the Exodus from Egypt. You have chosen us of all peoples for Your service, and You have given us a sacred purpose in life. In loving favor, You have given us Your holy Shabbat as a heritage. Praised are You, O Lord, who hallows the Shabbat.

Blessing Children

Hold your children or place your hands on their head and say:

For a Son

יְשַׁמְךָ אֱלֹהִים May God make you
כְּאֶפְרַיִם וְכְמְנַשֶּׁה. like Ephraim and Menasseh.

Y'simcha Elohim k'Efrayim v'chi-M'nashe.

For a Daughter

יְשַׁמְךָ אֱלֹהִים May God make you like
כְּסָרָה רְבֵקָה רָחֵל וְלֵאָה. Sarah, Rebecca, Rachel and Leah.

Y'simeich Elohim k'Sarah Rivka Rachel v'Leah.

For All Children

יְבָרְכֶךָ יְהוָה וְיִשְׁמְרֶךָ. May God bless you and keep you.
יָאֵר יְהוָה פְּנֵי May God's presence radiate upon you
אֵלֶיךָ וִיחֻנֶּךָ. and grant you graciousness.
יִשָּׂא יְהוָה פְּנֵי אֵלֶיךָ May God's presence be with you
וְיִשֶּׂם לְךָ שְׁלוֹם. and grant you peace.

*Y'varech'cha Adonai v'yish-m'recha. Ya-eir Adonai panav eilecha vichuneka.
Yisa Adonai panav eilecha v'yaseim l'cha shalom.*

Handwashing

בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ עַל
נְטִילַת יָדַיִם.

*Baruch atah Adonai, Eloheinu melech ha-olam, asher kid'shanu b'mitzvotav,
v'tzivanu al n'tilat yadayim.*

Blessed are You, Adonai, our G-d, Ruler of the World, who has sanctified us with
G-d's mitzvot and commanded us to wash our hands.

Blessing the Meal-HaMotzi

בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמּוֹצֵיא לֶחֶם מִן הָאָרֶץ.

Baruch atah Adonai, Eloheinu melech ha-olam, ha-motzi lechem min ha-aretz.

Blessed are You, Adonai, our G-d, Ruler of the World, who brought forth sustenance
from the earth.