



Official Newsletter of Congregation B'nai Israel

SHOFAR

e-mail: cbi18@cbi18.org
website: <http://www.cbi18.org>
RELIGIOUS SCHOOL CALENDAR
& SYNAGOGUE EVENTS LISTED

Congregation
B'nai Israel
קהילת בני ישראל

Vol. XXIII, No. 1
Tishri ~ Tevet
October ~ December 2015

Sukkot and Simchat Torah

Schedule of Services and Celebrations

Friday, October 2 at 5:30 PM: Family Celebration and Dinner in the Sukkah

Friday, October 2 at 6:00 PM: Shabbat Services & Dinner in the Sukkah
\$20/person; \$5/child 2 -11

New & Prospective Members Free~ RSVP to CBI



Sunday, October 4 at 9:10 AM

Hoshana Raba ~ Lunch in Sukkah following Service

Monday, October 5 at 9:30 AM

Shemini Atzeret (Yizkor) ~ Kiddush Lunch following Service

Monday, October 5 at 7:30 PM: Simchat Torah Services (*Dancing with Torahs*)

Tuesday, October 6 at 9:30 AM: Simchat Torah Services (*Dancing with Torahs*)
followed by Kiddush Lunch

40 Days to Becoming Your Best

*A Small Group Launch
in Communal Learning!*

Become a part
of a small group
of learners or host
a group yourself!

Each Group will
discuss facets
of Rabbi's latest
book,

***Increasing
Wholeness:
Jewish Wisdom &
Guided Meditations
to Strengthen &
Calm Body,
Heart, Mind & Spirit***

Groups meet in
the host's home
for an hour of
study for five
consecutive
weeks. Each
participant will
receive a copy
of ***Increasing
Wholeness***,
thanks to the *The
Roslyn and Joseph
Baim Family
Foundation*,
Barbara and
Joseph Baim

Dr. Bernd Wollschlaeger

***A German Life –
Against All Odds,
Change is Possible***



*Dr. Wollschlaeger shares his personal journey
as a son of a decorated Nazi war hero who
sought out Judaism, moved to Israel and joined
the Israel Defense Forces.*

Sunday, October 25 at 7:00 PM

\$20/person for reserved seating
and dessert reception
\$10/person for unreserved seating

Underwritten by:
*The Roslyn and Joseph Baim Family Foundation
Barbara and Joseph Baim*

Rabbi's Message

Rabbi Elie Spitz



"Forty Days to Becoming Your Best: Jewish Pathways to Wholeness."

Translating the words of the High Holyday prayer book into personal meaning is akin to brewing a cup of tea. Licking raw tealeaves is not particularly satisfying. An uplifting cup of tea requires combining tealeaves with hot water, a vessel, and time. Likewise, the dried ink on the page, received communal wisdom, needs brewing: our personal experience (the hot water), a vessel (focused attention), and time, enabling full-bodied experience and transformative insight.

The key theme of the High Holydays is how to become our best. We seek to cultivate qualities of character that will allow us to feel more united from within and more readily capable of reaching out lovingly. Ten times during Yom Kippur, as an example, we recite the Al Chet prayer while tapping on our heart as we recite a list of human shortcomings, particularly those focused on callousness and misuse of the tongue. Becoming aware of the power of guarding our tongue is a first step in becoming our best, but it takes more. Only by combining a

potential benefit with will, coupled with imagination and immediate rewards, does improvement proceed.

Consider what motivates you to exercise? Researchers have found that we exercise more for the immediate gain of increased energy, than the larger goal of safeguarding our health. Riding, walking, or going to the gym with a buddy helps immensely in staying consistent, because of the immediate satisfaction of enjoyable company and accountability. By exercising regularly, we do improve endurance, enhance calm, and gain the benefits of greater wellbeing.

On Yom Kippur, we as a community will commence a 40-day journey of personal growth, entitled **"40 Days to Becoming Your Best: Jewish Pathways to Wholeness."** I will dedicate each of my High Holyday sermons to a facet of the communal study. Havrutah is the Aramaic word for buddy or study partner, for sacred text was learned through discussions. The goal of our CBI campaign is for friends to meet **five times, once a week, for one hour in their home**, Starbucks, or spaces that we will make available at CBI. Your partners need not be members of our synagogue or even Jewish. A group should be sized so that each person can comfortably speak. **Becoming a host is easy and rewarding.** We will give you the materials to enable conversations on how Jewish wisdom is relevant to your personal wholeness. You will gain much in the bigger scope of your life by having five satisfying conversations in a small group. For

hosts, we will have a celebration of Friday night dinner at CBI on October 30th.

Each participant in a small group will receive a copy of my book, *Increasing Wholeness: Jewish Wisdom and Guided Meditations* (donated by book angels, Joe and Barbara Baim). Participants will also receive "Becoming: A Growthbook," containing a daily quote with reflections and materials to supplement the reading. The host will receive specific guidance on how to make the hour long visit meaningful. My hope is to build on the communal uplift of High Holydays into fostering relationships, increasing wholeness from within, and enhancing how we reach out lovingly. The premise of "Becoming Your Best" is that much of your wisdom is already within you but takes both a pause to reflect and intuit, and is elicited by group conversation to become more accessible, motivational, and enduring.

Please go to our website (cbi18.org) to learn more and sign up as a host. Join our Facebook Group page (Becoming Your Best), which will allow for sharing reactions to the daily quotes. ☆

JEWISH MEDITATION

Participate with Rabbi Spitz
in chant and stillness that open
us intuitively to the Divine

December 19, 2015

CBI Coastal Schedule of Services

RSVP to cbicoastal@gmail.com to
confirm your participation in post-service meals

Fridays at 6:00 PM:
October 16
December 18

Port Westbourne Clubhouse
1854 Port Westbourne Place
Newport Beach, CA 92660

Saturdays at 9:30 AM:
November 7 (TR)
December 5 (LL)

TR: Turtle Rock Clubhouse
1 Sunnyside, Irvine 92603

LL: Las Lomas Clubhouse
10 Federation Way
Irvine, CA 92603

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Call the B'nai Israel In-The-Family Hotline (714) 730-9693
- whenever there's a major event in your life.



The President's Corner

Terry G.

In our tradition, bikkur cholim, visiting and comforting the sick, is one of most meritorious acts that we as Jews can do for a fellow person. In a large community such as ours, made up of hundreds of members young and old, illness is a common occurrence and it is important that in those times of need that we have someone to turn to, either for advice, direction, or simply comfort. For over a year now, CBI congregant Nancy Raymon has come to embody the spirit of bikkur cholim in her work as our Congregation Nurse. Nancy and her husband Arnie have been active members of CBI since 1985. After a 40-plus year career as a Oncology Nurse Specialist, Nancy had a strong desire to do something meaningful in support of the community she loved. It was through her volunteer nursing work at the 2013 Maccabi Games in Orange County that she found out about the Hoag Health Ministries Program. This spiritually-based wellness program is open to all faith traditions and is administered by a Congregation Nurse. The purpose of the program is to support the mental, physical and spiritual health needs of those being served. As it turned out, this program was exactly what Nancy was looking for as a means of giving back to the CBI community.

In her role as CBI's Congregation Nurse, Nancy provides a wide variety of services to fellow congregants. When she receives notice that a congregant has a serious illness or is experiencing some type of health crisis, she will be there to assist that person in a variety of ways, either accompanying him/her to medical appointments, talking through medical reports, navigating the health care system, helping to connect them to the right resources, or simply being present with a warm smile.

Nancy likes to point out that one

of the benefits of this program is its affiliation with Hoag Hospital. This affiliation allows her to leverage a variety of resources in support of our community. One example is a free flu vaccine program which CBI has used to provide free flu vaccinations at the synagogue. There is also the Hoag Health and Wellness Education Series, a relatively new program that helps to educate people by bringing in speakers who are experts in the field of health care. One such speaker, a nationally-known expert in Alzheimer's Disease, will be giving two presentations at CBI in early November of this year.

Nancy, who has a Masters Degree in Oncology Nursing from UCLA, brings many years of experience, knowledge, and dedication to this volunteer position, and having specialized in the field of oncology, she understands the emotional toll that illness can take on an individual and a family. It is precisely that wealth of experience, as well as her sense of commitment to the shul, that makes her the perfect person to fill this special role in our community.

If you or anyone you know is in need of Nancy's services, feel free to contact her directly or through the synagogue office. ☆

Introduction to Judaism

2015 – 2016

October 18, 2015 ~ April 17, 2016

Every Sunday, 1:00 – 3:00 PM

Enrich your knowledge with Rabbi Spitz, Rabbi Hoffman and Rabbinic Intern Ariel Sholklapper!

\$360/single attendees

\$540/couples

\$250/CBI member

\$20/class

Registration

available

through

CBI Office

When you hear of a lifecycle event in our CBI community (whether simcha, illness or a death), or if you have something which you wish the clergy to be aware of, please notify the CBI office.

**Call (714) 730-9693 or
e-mail cbi18@cbi18.org.**

Experiential Prayer & Text Study

**with CBI
Rabbinic
Intern
Ariel
Sholklapper**



**October 17 & November 21
at 10:30 AM in the Bet Midrash**

Prayersong

**Sacred Chant and Meditation
with**

Amy Robinson

November 21 &

December 12

9:30 – 10:30 AM

In the Family Life Center

Be Inspired!

**Loved ones not here
for the Holidays?**

Send them a

Hanukkah Package!



*Each package is filled with
goodies, festive items
and a note from Rabbi Spitz!*

***Bake & Ship: Monday,
November 30 ~ 10:00 AM
Price \$25**

**Order Forms due November 24*

Email Info to:

*CBICollegePackage@gmail.com
or send Order form to CBI Office*

CBI is Offering FLU SHOTS!

Sunday, October 18

10:30 AM – 2:00 PM

CBI Social Hall

For everyone 9 years of age and older.

**Shots are free for CBI members,
but a donation is welcome**

Proceeds will go to CBI Social Action Fund



Child Development

Lisa Heller: Director~
Certified Parent Coach
Samantha Feld and
Michael Jarzyna, VPs



Article written by Sharon Alkin Assistant Director

At the Child Development Center our outside space is called The Outdoor Classroom, as it is so much more than a playground. Yes, children do get to run, climb and ride bikes, work in the Mud Bar, construct tunnels and make sand "cakes" in the Sand Area. However, it is also a learning environment where the teachers are intentional with the materials they set out for the children to experience. Rosh Hashanah was celebrated with apple cloud dough in the Nature Art Studio, red water beads in the sensory table to symbolize apples as well as a clay area for making round challot. The Outdoor Classroom is the home to many living creatures and plants and it is here that the children get to experience the wonders of nature and connect to Jewish values. The value of Tza'ar Ba'Alay Chayim, (compassion for animals), is taught when children respect and take care of the living creatures. Children help tend to the garden by getting the soil ready, planting seeds, watering and harvesting the vegetables that they have grown. We have magnificent Heirloom tomatoes, kale, peppers and our pumpkins are beginning to grow. What a delight it is for the children to eat foods grown in our very own garden for snacks and lunches! As we move from summer into fall, the changing of the seasons are reflected in the garden. We

notice pumpkins beginning to grow in the Shalom garden, the Milkweed slowly returning to once again be the home and sanctuary to the Monarch Butterfly and many other butterflies. The Outdoor Classroom is the place where we celebrate Shabbat every Friday morning. Here under the blue sky surrounded by nature the children, their families and the teachers welcome in Shabbat. Monday mornings we meet once again outside for Havdalah to say goodbye to Shabbat and hello to a new and glorious week. Our Outdoor Classroom is a magical space.

Visitors are welcome to see "All God's Creatures" Petting Zoo on Wednesday, October 14th at 11:15 AM in the court yard area.

Have a preschool age child? Call at (714) 730 - 0860 and come visit our beautiful school! ☆

It's Mommy and Me!

Wednesdays at 9:15 AM
Join us for yoga, story time,
Play and mommy mingle!

\$5/class

RSVP to cdc18@cbi18.org
or Contact the CDC office
at (714) 730-0860

SISTERHOOD'S BOOK CLUB

Thursdays at 7:30 PM

October 15, November 19
and December 17

THE ISRAELI HIGH TECH INDUSTRY: BIOMEDICAL INNOVATION

Visiting fellows of the Merage Institute, a US-Israeli
Innovation Bridge Executive Leadership Program.



Friday, October 23, 2015

6:00 PM: services

7:00 PM: dinner

8:00 PM: panel discussion ~ \$22.00

Please join us in welcoming to CBI a
group of Israeli entrepreneurs who are
developing promising products in the field
of Bioengineering and medical devices.

Congregation B'nai Israel Enrichment Speaker

Professor Ted Merwin

*Writer, Professor, Humorist, Veteran Journalist,
Collector and Noted Public Speaker.*

*Professor Merwin is a dynamic, charismatic
and entertaining lecturer.*



Between the Sheets: Sex in Jewish Culture

Tuesday, October 13, 2015 ~ 7:00 PM

in the Family Life Center

\$10 per person with RSVP by Oct. 7th, \$15 after
No charge for 5776 Enrichment Fund Patrons

Religious School

Rabbi Robin Hoffman,
Education Director
Greg Masler &
Robin Steinmetz, VPs



Going From Good to Great!

I'm very proud of our Religious School program! Each year we try new things and improve what we are doing. This year, I'm very excited about our faculty changes! All of our 2nd-7th grade teachers are committed to being here on Tuesdays, Wednesdays, and Sundays to provide continuity for your children as they improve and increase their Hebrew reading skills and our Judaica studies become more complex. Our students are able to engage in deep conversations about Torah and Prayer and History making their learning a rich experience.

I'm also happy to announce that Gadi Yuditsky will be returning to our school to teach in Hebrew High. He will focus on 8th grade and will be teaching electives as well. Also teaching in Hebrew High is our rabbinic intern, Ariel Sholklapper. Our students will enjoy getting to know him!

I am also very excited about our energized PTO! Under the direction of our Education VPs, Robin Steinmetz and Greg Masler, the PTO is energized to do great things this year! This is how we go from Good to GREAT – parents actively engaged in programs and fund raising help all of us succeed.

Make this your year to get involved! Be on a committee,

participate in 40 Days of Learning, come on Tuesdays and learn (or re-learn!) Hebrew, help us make our Hanukkah Event the best ever! Coming to CBI is just as much about you as it is for your children. Make it your home away from home. ☆

Learn Hebrew with Rabbi Hoffman!

Tuesday, October 27, 2015
~ February 2, 2016

Beginners	Advanced
6:45 – 7:30 PM	Beginners:
	7:30 – 8:15 PM

\$50/session
Register through CBI Office
or cbi18@cbi18.org

Torah in Its Own Voice A Verse by Verse Journey

Every Tuesday
from 12:00 ~ 1:45 PM
in the Bet Midrash

No charge to participants

USY Shabbat Club

*Come and enjoy services
led by our amazing
and talented USYers*



**First Friday
of the month
at 6:00 PM**

in the Main Sanctuary

*Your Presence is very
much noticed and
appreciated!*



Gala Auction winners of Tamale
Baking class with Diana Valezquez.



BLOOD DRIVE

Monday, December 14

1:00 – 7:00 PM
CBI Social Hall

Sign up online at
redcrossblood.org;
sponsor code bnai

It's Breakfast for the Homeless and a Mitzvah of the Heart

CBI along with
Lighthouse Outreach Ministry
will serve Breakfast

Sunday, October 25
9:45 - 11:45 AM

friendsofthelighthouse@gmail.com

15- 20 Volunteers Needed.
**Each Volunteer will be asked
to bring a food item
for breakfast.**

Congregant outreach opportunities:

- Sunday Supper ~ an Interfaith Effort
- CBI Quarterly Blood Drive
- Congregant Care
- Chesed/Comfort Committee
- Lighthouse Breakfast for the Homeless
- Family Promise for Families in Need
- Cooking for Comfort
- Flu Shot Clinic



Youth News

Barbara Sherman - Youth Director
Marc Goldin & Beth Adler, VPs



"There was never a time I was bored; there was always something to do. I had so much fun I am going again next year!" ~ Stephen Kravitz 5th grader on Camp B'nai Ruach, 2015.

The Youth Department has just come off a very strong summer! Hundreds of children attended Camp B'nai Ruach where friendships were strengthened and bonds were formed. We even got to experience rain at Disneyland! Our counselors provided a safe, loving environment while forming their own friendships. Molly Shapiro was Assistant Director extraordinaire; a summer like this keeps us warm all year long.

Now our focus switches back to Machar, Kadima, and USY. Our chapter won Chapter of Excellence at Regional Convention in May. Our program year kick-off pool party featured 58 USYers and the Irvine Spectrum Scavenger Hunt on September 12 brought in a record 72 USYers!

We urge you to have the child in your life be a part of our groups! Machar is for Kindergarten-3rd grade, Kadima for 4th-6th grade, and USY for 7th-12th grade. Participate in social and community service, religious, education, retreats, Shabbat dinners, and lounge nights just to name a few. Become a part of our email tree or join our Adult Youth Committee by sending a message to ASherman5@aol.com.

To quote a USYer who wisely tried to explain our programs: "From

Sisterhood Says...

Bonnie Kirsch, President

Sisterhood is vibrant and evolving! In fact, read about American Sisterhoods in this quarter's CJ: *Voices of Conservative/Masorti Judaism* (Vol. 9, No. 1). We're not what we were 50 years ago! Here's how CBI's Sisterhood is catching the wave of change:

- Sisterhood is currently accepting memberships. Come meet some fabulous women, learn a new craft, expand your horizons intellectually and spiritually, and support our local, regional, and international Jewish community.
- Join us for a private docent-led tour of the exhibit, *Discovery and Recovery: Preserving Iraqi Jewish Heritage* at the Nixon Library in Yorba Linda on Sunday, October 18, 2:00 – 4:30 PM.
- Come to our table as we bake challah with 1000+ ladies at the OC Mega Challah Bake on Thursday, Oct. 22nd at 7:00 PM.

Show off your culinary artistry!

- Our annual Paid-Up Membership Brunch will take place on Sunday, November 15th at 10:00 AM at a private home.
- One-stop shopping for all your holiday gifts at the annual Hanukkah Gift Boutique and Carnival at CBI on Sunday, Nov. 22nd.
- Make a difference, one mitzvah at a time! Help to prepare or serve a meal at Sunday Supper on the second Sunday of each month and quarterly at the Lighthouse Breakfast, or donate blood at CBI on Monday, December 14.
- Like CBI-Sisterhood on Facebook! We can be also reached at cbisisterhood@cbi18.org. ☆

SEDER PLATES MENORAHS WEDDING GIFTS JUDAICA UNIQUE

CHILDREN'S GIFTS TZITZIT BOXES KIDUSH CUPS KIPOT

Sisterhood Gift Shop

Books, Jewelry, Cards, Tallitot . . .
and so much more!

Open during Religious School Hours
or by appointment

STERLING SILVER BAR/BAT MITZVAH GIFTS TALLIT SETS TABLEWARE

GIFT CERTIFICATES SUITS HANUKKAH SETS TALLIT

CBI Health and Wellness Series Presents:

Two Upcoming Lectures

by **Cordula Dick-Muehlke, Ph.D**

***Missing Keys,
Forgotten Names:
Should I be Concerned?***

**Sunday, November 1
10:00 – 11:45 AM**

***The Journey
of Caregiving: Surviving
and Thriving***

**Sunday, November 8
10:00 – 11:45 AM**

(Coffee & Bagels served)

the outside looking in you can't explain it. From the inside looking out you can't explain it. You just have to come experience it!" . ☆

**Check out our web page:
www.cbi18.org**



HAPPENINGS AND POINTS OF INTEREST@CBI

ONGOING WEEKLY OR BI-WEEKLY:

CONTINUE TO LEARN ON SHABBAT MORNINGS: *Parashat Hashavuah*~ Study the week's Torah portion from 8:30–9:20 AM every Saturday before services.

HOW TO READ SCRIPTURE WITH A MODERN LENS: Every Saturday after services from 1:15 – 2:15 PM in the Bet Midrash.

SUNDAY MORNING MINYAN: 9:10 – 10:00 AM in the Bet Midrash.

WEDNESDAY MORNING MINYAN: 7:30 AM at a home in Newport Beach.

JUNIOR CONGREGATION AND TOT SHABBAT: Led by Carl Cedar, these musical services are held the third Saturday of the month. Junior Congregation runs from 10:30 – 11:45 AM followed by Tot Shabbat at 11:50 AM in the Family Life Center. Come join us on October 17, November 21 and December 19!

SISTERHOOD'S ONGOING MAH JONGG: Wednesdays at 7:00 PM in a private home. A \$5 donation is optional and payable to Sisterhood.

TORAH IN ITS OWN VOICE: Study with Rabbi Robin Hoffman every Tuesday from 12:00 Noon to 1:30 PM in the Bet Midrash.

USY SHABBAT CLUB: Fridays, October 2, November 6 & December 4 after the USYers led the 6:00 PM services, we ride a private bus over to our host home for dinner and a speaker. \$10/Student.

USY LOUNGE NIGHTS: Tuesdays, October 13 and 27, November 17 and December 15, from 6:30 – 8:30 PM in the Youth Lounge. Participation is free, but bring money if you want to buy snacks.

YIDDISH CLUB: Sundays, October 4 & 18, November 1 & 15, and December 6 & 20 at 11:00 AM at CBI.

INTRODUCTION TO JUDAISM: Sundays, October 18 – April 17, 1:00 – 4:00 PM. Please register to the CBI Office or cbi18@cbi18.org.

LEARNING TO READ HEBREW: Tuesdays, October 27, 2015 thru February 2, 2016. Beginners: 6:45 – 7:30 PM, Advanced Beginners: 7:30 – 8:15 PM. \$50/session.

ONGOING MONTHLY:

YOUNG FAMILY SHABBAT SERVICE AND DINNER: Fridays, October 2 (in the sukkah), November 6 & December 4. For families with children ages 10 and under; services begin at 5:30 PM immediately followed by dinner. \$10 per member/\$15 per non-member, 12 years of age and over; \$5 per child member/\$7 per child non-member 2-11 years old. Children under 2 are free.

SUNDAY SUPPER, AN INTERFAITH EFFORT: Sundays, October 11, November 8, and December 13 from 4:00 – 7:00 PM. We will need people to prepare, serve and clean up dinner for needy individuals and families at St. Paul's Episcopal Church, 1221 Wass St., Tustin. Two hour time slots available.

SISTERHOOD'S BOOK CLUB: Thursdays, October 15, November 19, and December 17 at 7:30 PM. We are discussing Come and lend your insights to our discussion!

TEEN SEUDAH SH'LISHIT AND LEARNING WITH RABBINIC INTERN ARIEL SHOLKLAPPER: Saturdays, October 17 and November 21 in the Social hall, followed by a USY-style *Havdalah*. Share with us your pearls

of wisdom; give us your perspective that only a teenager can have. Let us learn from you!

EXPERIENTIAL PRAYER AND TEXT STUDY WITH RABBINIC INTERN ARIEL SHOLKLAPPER: Saturday mornings at 10:30 AM October 17 and November 21. Come join us in the *Bet Midrash*!

HEARING MEN'S VOICES: Sundays, October 25, November 22, and December 20 at 10:00 AM. Come lend your voice for a discussion of insight and perspective!

PRAYERSONG meets the second Saturday of the month: November 21 and December 12 from 9:30 – 10:30 AM in the Family Life Center.

CBI COASTAL continues with a full schedule of services: Please see Information Box inside this edition for details

HAPPENINGS IN OCTOBER ONLY:

SUKKOT AND SIMCHAT TORAH SERVICES: See front Cover.

BETWEEN THE SHEETS: SEX IN JEWISH CULTURE: Presented by Professor Ted Merwin, Tuesday, October 13 at 7:00 PM in the Family Life Center. \$10/person before October 7; \$15/person after. No charge to 5776 Enrichment Fund Patrons.

FLU SHOT CLINIC: Sunday, October 18, 10:30 AM – 2:00 PM in the CBI Social Hall. No Cost to CBI members.

MERAGE FELLOW PROGRAM: October 23

HELP SERVE BREAKFAST TO THE HOMELESS: Sunday, October 25, 9:45 – 11:15 AM at the LightHouse: 1885 Anaheim Ave., Costa Mesa 92627.

YOGA WITH LAURA LEHRER (SESSION 2): Thursday, October 29 – November 19 at 5:45 PM. \$40/Session or \$15/class. No Cost to 5776 CBI Enrichment Patrons.

CELEBRATE SHABBAT WITH DALE SCHATZ: October 24 at 9:30 AM in the Family Life Center.

CONVERSATION WITH DR. BERND WOLLSCHLAEGER: Sunday, October 25 at 7:00 PM.

SIYYUM CELEBRATION DINNER for Hosts of Becoming Your Best: October 30.

HAPPENINGS IN NOVEMBER ONLY:

MISSING KEYS, FORGOTTEN NAMES: SHOULD I BE CONCERNED?: Presented by Cordula Dick-Muehlke, Ph.d on Sunday, November 1, 10:00 – 11:45 AM. Bagels and Coffee 10:00 – 10:15 AM.

THE JOURNEY OF CAREGIVING: SURVIVING AND THRIVING: Presented by Cordula Dick-Muehlke, Ph.d on Sunday, November 8, 10:00 – 11:45 AM. Bagels and Coffee 10:00 – 10:15 AM.

FAMILY PROMISE NEEDS YOUR SUPPORT: November 15 – 21 at Tustin Presbyterian Church.

SISTERHOOD HANUKKAH GIFT BOUTIQUE AND CARNIVAL: Sunday, November 22 at 12:00 Noon. Eat, Shop, Enjoy!!

cont. on page 9



In the B'nai Israel Family . . .



Bar Mitzvah of Ben Sklar-Parnes

October 3, 2015 (*20 Tishrei*)

Ben attends Sierra Vista Middle School. He loves magic and currently uploads trick tutorials onto his YouTube channel. Ben also enjoys solving Rubik's cubes and other puzzles. He was a proud member of the 100 mile club at his previous school and hopes to continue to challenge himself with new goals at his new school. For his mitzvah project Ben has continued his volunteerism at Sunday supper, an initiative he has participated in for the past three years. Mazal Tov!



Bat Mitzvah of Eliana Korisky

October 24, 2015 (*11 Heshvan*)

Eliana is an 8th grader at Lakeside Middle School. Last year, she was a member of the Lakeside Academic Pentathlon team. Eliana loves to cook, rock climb, and take tumbling classes. She can frequently be seen cartwheeling in her front yard and all over the house. She loves arts and crafts, gymnastics, dancing and trampolines. Ever since Eliana was little, she has been driven to raise money for cancer. As a child, she taped signs to trees around the neighborhood promoting her awareness and fundraising efforts, from selling donuts to baking cookies for numerous bake sales. She has always had a huge loving heart and shows endless compassion. For her mitzvah project, she plans to donate all the money she raised having bake sales to the American Cancer Society. Eliana has been working very hard to prepare for her Bat Mitzvah. All of her family and friends are so proud of her and look forward to celebrating this Simcha! Mazal Tov!



Bar Mitzvah of Austin Kaufman

December 5, 2015 (*23 Kislev*)

Austin Kaufman is an 8th grader at Vista Verde Middle School where he maintains academic excellence as well as enjoys being involved in ASB. Having a great sense of humor, Austin enjoys comedy and comedic shows and hopes to one day be a cast member on Saturday Night Live. He also loves playing video games, basketball and tennis. For his Bar Mitzvah project, Austin is working to support NEGU - Never Ever Give Up - The Jesse Rees Foundation, which sends Joy Jars (jars filled with items to bring joy and happiness) to children battling cancer. Specifically, Austin was part of Team Kids at his school that raised money in support of this Foundation. Austin recalls how he received a Joy Jar while at UCLA for his own treatments and how it lifted his spirits. Austin was honored with the Team Kids Wave of Compassion Award recognizing his courage and compassion.

Austin looks forward to celebrating this wonderful simcha with the CBI community as well as with family and friends from all over the U.S. and the world, including Australia and South Africa. He feels particularly blessed to be reading the same Torah portion as his grandfather, Oupa Chalky, who read it at his Bar Mitzvah 68 years ago! Mazel Tov!



Bar Mitzvah of Tyler Moss

December 12, 2015 (*30 Kislev*)

Tyler is a 7th grader at Pioneer Middle School in Tustin. Tyler enjoys performing in the advanced choir at school, and he has been in the cast of several musical theatre productions at Aldersgate Theatre Arts. Tyler's biggest passion is baseball. He has played eight consecutive Little League seasons, starting at the age of five. He is also on a travel baseball team, with whom he played a tournament in Cooperstown, New York this past summer. It was one of the best experiences of his life! For his mitzvah project, Tyler volunteered his time with the special needs Challenger's Division of his Little League, and he also conducted a used baseball equipment drive for Pitch In For Baseball, an organization that provides baseball equipment to needy youth. Tyler is grateful for the opportunity to play baseball, and wants to help provide the same for less fortunate kids.

Tyler is a graduate of the CBI preschool, and almost a graduate of the religious school. He is also on the USY Board. He is grateful to all who have contributed to his strong Jewish education and identity. Tyler is excited to become a bar mitzvah alongside his twin sister. He is thrilled to share this simcha with his family and friends, from near and far. Mazal Tov!

In the B'nai Israel Family . . . cont.



Bat Mitzvah of Shannon Moss

December 12, 2015 (30 Kislev)

Shannon is a 7th grader at Pioneer Middle School in Tustin, where she is an honor student. She also sings in the advanced choir and is on ASB. Shannon has been a Girl Scout since Kindergarten, and just joined the National Charity League. She loves taking sewing and fashion design classes. She has also been in the cast of several musical theatre productions at Aldersgate Theatre Arts. For her mitzvah project, she is leading her own team in the CHOC (Children's Hospital of Orange County) Walk this fall. She also conducted a new children's book drive for CHOC. CHOC was Shannon's first home when she and her twin brother were born 10 weeks prematurely, and she is grateful for this chance to give something back. Shannon is a graduate of the CBI preschool, and almost a graduate of the religious school. She is also on the USY Board. She is grateful to all

who have contributed to her strong Jewish education and identity. Shannon is excited to become a bat mitzvah alongside her twin brother. She is thrilled to share this simcha with her family and friends, from near and far. Mazal Tov!



Bat Mitzvah of Jamie Goldin

December 19, 2015 (7 Tevet)

Jamie is an honors student at La Paz Intermediate School. She loves to ice skate for fun, but over the past few years she has concentrated in tennis as her sport of choice. Jamie also loves hanging out with her friends at Religious School as well at Middle School. Jamie is a member of the CBI USY board for Social Action/ Tikun Olam. She also is a member of Lion's Heart and helps out in numerous community service activities every month. Jamie's bat mitzvah project is to help the children of Orangewood (A home for underprivileged and abused kids). She has visited the home and collected numerous articles of clothing and school supplies, and will be collecting gift cards for the holidays for them from our community here at CBI. Jamie has been working diligently to prepare for her Bat Mitzvah. She is excited to have her family and friends to join with her to help celebrate her special day. Mazal Tov!



Bar Mitzvah of Michael Shugarman

December 26, 2015 (14 Tevet)

Michael is currently in the seventh grade at Pioneer Middle school where he is on the Principal's Honor Roll. Michael enjoys playing and watching all sports. He runs with a local running club and plays baseball in the spring. His favorite distance is 5k in ideally cool weather! Michael's Bar Mitzvah project was collecting shoes for Soles 4 Soles, an organization that takes used shoes, refurbishes them and distributes to kids in other countries who would otherwise not be able to own shoes. He has also been collecting used sports equipment to donate to the Boys and Girls Club of Santa Ana. Michael has been working hard to prepare for his upcoming Bar Mitzvah. He is eager to share this special day with family from near and far, with friends and with the CBI community. Mazal Tov!

HAPPENINGS, *cont. from page 7*

HAPPENINGS IN DECEMBER ONLY:

CBIBLOOD DRIVE: Monday, December 14, 1:00 – 7:00 PM in the Social Hall. Register online at redcrossblood.org, code name bnai, or contact Marla Nathan or Cher Pacini.

JEWISH MEDITATION WITH RABBI SPITZ: Saturday, December 19 at 9:30 AM in the *Bet Midrash*. Find your intuitive path to the Divine!

MEN'S CLUB POKER NIGHT: Sunday, December 20 at 7:00 PM in a private home.

Todah Rabah

Todah Rabah to **Joe and Barbara Baim** for their gift of multiple copies of Rabbi Spitz's newest book, 40 Days to Becoming Your Best. Your gift is instrumental in facilitating a sense of community and inspiration through this Havrutah learning series!

Todah Rabah to **Nancy Raymon** for her work in bringing the benefits of Hoag Health Ministries to CBI and for showing us the spirit of bikkur choli as our Congregation Nurse!

Todah Rabah to our **Men's Club** for once again building CBI's beautiful sukkah!

Todah Rabah to the **Religious School** for the colorful and delightful decorations in CBI's sukkah!

Todah Rabah to the **Fresh Beginnings Ministries** for donating a commercial refrigerator and freezer to CBI!

Kiddushes

Mazal Tov and Todah Rabbah to the following families for co-sponsoring CBI Kiddushes:

Michael Bare in honor of his birthday
 Fredda Sussman in honor of Ed's birthday
 The Michaels family in honor of Joanna's birthday
 Bonnie and Scott Kirsch in honor of their anniversary
 CBI staff in honor of Rabbi-Cantor Tilchin's birthday
 Jim Farivar in memory of his wife, Jaleh Farivar
 Blossom Siegel in memory of her father, Harry Sherman
 Esther and Andy Dosick in honor of Andy's birthday
 Ofra Willner in memory of her father
 David Willner in honor of his birthday
 Larry Wayne in honor of Mimi Goldstein's birthday
 Phyllis Abrams in honor of Steven Litman's birthday
 The Sommer family in honor of Erika's birthday
 Bob and Edythe Messe in honor of Edythe's birthday
 The Kuperberg family in honor of Jeremy's birthday
 The Mahgretef Family in honor of Hanna's birthday
 Harris Shultz in honor of Janice's birthday
 Aaron and Dee Harari in memory of Dee's stepfather, Elmer Brinton
 Aaron and Dee Harari in honor of Dee's birthday
 The Mahgretef family in honor of Hana's birthday
 Cindy Furst in memory of her mother, Beverly Klein
 Erika Soussan in honor of Joseph Soussan's birthday
 The Goodman family in honor of Sandy Goodman's birthday
 John and Gila Alfi in honor of their anniversary
 Joel Gallin in honor of Ingrid's birthday
 David Levy for sponsoring the kiddush in honor of his 2nd Bar Mitzvah
 Barry and Abby Pezzner in honor of Ben Pezzner and Tavia Rhoden's ufruf
 Mike Mymon and Shelly Tetreault in honor of their ufruf
 Bob and Edythe Messe in honor of Bob's birthday
 Audrey and Bruce Comings in honor of their anniversary
 The Kravitz/Stein family for sponsoring the Kiddush in honor of Hal and Rose Kravitz's 60th anniversary
 Michael Bare in memory of John Bare
 Brian Carp in honor of Heather Carp's conversion



David and Ofra Willner in honor of Ofra's birthday
 Sima, Jared, and Brenny Baer in honor of Sima and Jared's anniversary
 The Velazquez family in honor of Hugo's birthday
 The Lasky and Goldman families for sponsoring Kiddush in honor of Jordyn's Bat Mitzvah
 Heidi Lasky in honor of Jordyn's birthday
 The Danzig Family in honor of Valerie's birthday
 The Ginsburg family in honor of Terry and Michelle's anniversary
 The Velazquez family in honor of Diana and Hugo's anniversary
 Joe and Erika Soussan in honor of their anniversary
 Hetty Nihom in memory of her mother, Kitty Jacobs
 Howard and Ellen Mirowitz in honor of Ellen's birthday
 Wolfe and Cecily Yudelman in honor of their anniversary
 Bill Esbit in honor of all the participants in the Saturday morning torah study group
 Dr. Barry and Joanne Hanik in honor of their 50th anniversary and Joanne's birthday
 Beth and Andy Elster in honor of their anniversary
 Janice and Harris Shultz in honor of their anniversary
 Erlene and Harry Krebs in honor of their anniversary
 Rabbi Shalom and Dalia Podwol in honor of their anniversary
 The Refael family for sponsoring the Kiddush in honor of Ben's Bar Mitzvah
 Joel and Lydia Kuperberg in honor of their anniversary
 Aaron and Dee Harari in honor of Joel Harari's birthday
 Ahuva and Winston Ho in honor of their anniversary
 The Morrison family in honor of Francine Morrison's birthday
 Anvar and Janet Alfi in honor of Anvar's birthday
 John Alfi in honor of Gila's birthday
 Phyllis Iser in honor of David's birthday
 Alan and Beverly Zembrosky in honor of Beverly's birthday
 The Szekel family in honor of Michele and Pat's anniversary and Joel's birthday

FAMILY PROMISE

A Week of Care and a World of Compassion!

*Support CBI in caring for those less fortunate than ourselves
 Help Prepare dinner, and provide for breakfast, lunch & snack*

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Congregation B'nai Israel gratefully acknowledges the following donations ~ October, November and December

GENERAL FUND

IN HONOR OF

Happy Happy birthday to Ingrid Gallin

- Andy and Esther Dosick

In appreciation of Praysong

- Rabbi Stephen Einstein

Arvin and Beth Katlen's 50th Wedding Anniversary

- Ed and Fredda Sussman

- Phyllis and Al Steinberg

The wedding of Mike Mymon to Shelly Tetreault

- Yolande Bati
- Edythe and Robert Messe
- Katherine and John Coster
- Ed and Deb Heyman
- Ingrid and Joel Gallin
- Barbara King
- Mark and Noreen Lerner

In honor of Jordyn Goldman's Bat Mitzvah

- Iris and Mort Lasky

In honor of the 60th Anniversary of Hal and Rose Kravitz

- Blossom Siegel
- Jack and Elaine Finkelstein
- Winston and Ahuva Ho
- Marla and Scott Nathan
- Esther and Andy Dosick
- Mark and Noreen Lerner
- Sue and Ralph Stern
- Marsha and Bob Sklar

Carl Cedar with his assistance with the Shiva Minyan for their son Jeffrey

- Stan and Ilona Galant

Carl Cedar with his assistance at the Shiva Minyan of David Walter

- Joyce Walter

Hal Hurwitz with his assistance at the Shiva Minyan of David Walter

- Joyce Walter

Happy Anniversary to Sandy and Robert Klein

- The Szekel Family

Mazal Tov to Francine and Ron Morrison on the marriage of their son

- Carl and Nancy Cedar

Happy Anniversary to Joel Kuperberg and Lydia Levin

- Dad and Judy

David Levy's 2nd Bar Mitzvah

- Ofra and David Willner

The 70th Birthday of Donald H. Harrison

- Fred and Diane Reiss

The 20th Anniversary of Michelle and Terry Ginsburg

- Esther and Andy Dosick

SPEEDY RECOVERY

Speedy and Complete recovery to Nikki Gyurik

Speedy and Complete recovery to Ingrid Gallin

Speedy and Complete recovery to Stacy Libenson

Speedy and Complete recovery to Batia Swed

- Esther and Andy Dosick

Speedy and Complete recovery to Hal Kravitz

- Ofra and David Willner
- The Szekel Family
- Ahuva and Winston Ho
- Mindy Lauerlevin and Ed Levin
- David and Gloria Friedman
- Carl and Nancy Cedar

- Jack and Elaine Finkelstein

Speedy and Complete recovery to Roberta Stein

- Edythe Zwickler

- Carole Miller

Speedy and Complete recovery to Nikki Gyurik

- Edythe Zwickler

- Carole Miller

Speedy and Complete recovery to Joyce Cowan

- Carole Miller

Speedy and Complete recovery to Helene Coulter

- Andy and Esther Dosick

Jay Witzling, may your recent health challenges be just memories of the past

- Sue and Ralph Stern

IN MEMORY OF

My dear loved ones at Yizkor

- Rabbi Stephen Einstein

Joe Steinberg, brother of Al Steinberg

- Beth and Arvin Katlen

- Ahuva and Winston Ho

- Edythe Zwickler

- Ed and Fredda Sussman

- Edythe Zwickler

Paul Lehrer, husband of Carol Lehrer

- Arlene Kaplan

- Edythe Zwickler

Rose Oransky, sister of Harry Woodcoff

- Beth and Arvin Katlen

- Ahuva and Winston Ho

- Natalie and Mike Vishny

Sonia Galant, mother of Stan Galant

- Joyce Cowan

- Arvin and Beth Katlen

- Blossom Siegel

- Arlene Kaplan

- Carole Miller

- Edythe Zwickler

- Yolande Bati

- Joel and Ingrid Gallin

- Beverly and Alan Zembrosky

- Marla and Scott Nathan

- Natalie and Mike Vishny

Jeffrey Galant, son of Stan and Ilona Galant

- Mark and Sue Ann Cross

- Deanna and David Epstein

- Larry Sher and Family

- Jean Stevens

- Roberta Kanter

- Roz Sher

- Beth and Arvin Katlen

- Arlene Kaplan

- Ralph and Sue Stern

Jerry Shapiro, father of Michael Shapiro

- Cindy and Michael Furst

Hy Frank

- Howard W. Dragutsky

Leah Pariser

- Hal and Rose Kravitz

David Sholkoff, son of Miki and Stephen Sholkoff, brother of Ann

- Carole Miller

cont. on next page



Danny Brostoff, father of Howard Brostoff

- The Szekel Family
 - Ed and Deb Heyman
 - Ingrid and Joel Gallin
 - Beverly and Alan Zembrosky
 - Ed Levin and Mindy Lauerlevin
- David Walter, husband of Joyce Walter
- Mark and Sue Ann Cross
 - Ahuva and Winston Ho
 - Ed Levin and Mindy Lauerlevin
 - Ingrid and Joel Gallin
 - Andy and Esther Dosick
 - Ed Levin and Mindy Lauerlevin
 - Natalie and Mike Vishny

RABBIS DISCRETIONARY FUND

IN HONOR OF

Rabbi Spitz officiating at the wedding of Corrine Bernstein and Adam Janet

- Neila and Andy Bernstein

Rabbi Spitz officiating the wedding of Mike Mymon to Shelly Tetreault

- Mike and Shelly

Rabbi Spitz with his assistance with the Shiva Minyan for their son Jeffrey

- Stan and Ilona Galant

Rabbi Spitz with his assistance at the Funeral and Shiva Minyan for her husband David

- Joyce Walter

The Bat Mizvah of Leslie Frankel

- Craig and Brigitte Frankel

Thank you for officiating our wedding

- Mike and Shelly Mymon

The marriage of Shelly and Mike Mymon

- Debby and Harris Goodman

The spirit and welcoming the Rabbi Spitz always conveys

- Phyllis Gilmore

IN MEMORY OF

Jeffrey Galant, son of Stan and Ilona Galant

- Yolande Bati and family
- Carole Miller
- Joyce Cowan

Paul Lehrer, husband of Carol Lehrer

- Carol Lehrer

Danny Brostoff, father of Howard Brostoff

- Debby and Harris Goodman

DANIEL ZEMBROSKY YOUTH IN ARTS FUND

IN HONOR OF

Mike and Shelly Mymon's wedding

- Marcia and Marshall Margolis

PRESCHOOL FUND

IN MEMORY OF

David Walter, husband of Joyce Walter

- Nessim Albagli

RELIGIOUS SCHOOL FUND

IN HONOR OF

Mike and Shelly Mymon's wedding

- Rabbi Robin Hoffman

Ben Refael's Bar Mitzvah

- Rabbi Robin Hoffman

IN MEMORY OF

Maxwell Sudakow, uncle of Rabbi Robin Hoffman

- Jean and Tony Kravitz

YAHARZEIT CONTRIBUTION

MOTHER

Cadem Gabai

- Joyce and Ralph Gabai

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- Leonard Garber

Elaine Udoff

- Carol and Paul Lehrer

Rose Eisenberg

- Linda and Mike Palmer

Gertrude Fisher

- Jackie and Michael Wolf

Beverly Klein

- Cindy Furst

Penny Umland

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Constance Grant

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Shirley Reichlin

- Allen and Karen Lehigh

Ruth Goldstein

- Ingrid and Joel Gallin

Frances Lillian Hersch

- Michele Snyder

Anne Stein

- Dalia Podwol

Beatrice Masserman

- Jay Masserman

Zelda Michaels

- The Michaels Family

Bertha Yudelman

- Wolfe Yudelman

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Ruth Hutt

- Pat Hutt

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- Joel Kuperberg

Ethel Appel

- Deanna Lee Litwer

Esther Witzling

- Jay Witzling

May Danzig

- Larry Danzig

Roslyn Godwin

- Valerie Danzig

Joanne Warshaw

- The Michaels Family

Shayna Rosenberg

- Caron and David Nishioka

Fannie Sokoloff

- Sylvia and Leonard Garber

Rose Goldenberg

- Chuck Goldenberg

Betty Simson

- Cecily Yudelman

Jean Finkelstein

- Elaine and Jack Finkelstein

Sophie Baron

- Norm Baron

Tamar Svissa

- Joseph Soussan

cont. on next page



Harriet Punim
 - Jeff and Donna Punim
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 - Bruce and Leslie White
FATHER
 Leo Mirowitz
 - Howard Mirowitz
 Maurice Hurwitz
 - Beverly and Alan Zembrosky
 Isaac Simson
 - Cecily Yudelman
 Martin Krebs
 - Harry Krebs
 Harry Sherman
 - Blossom Siegel
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 - Yolande Bati
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 - Sandy Goodman
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 - Michael Fox
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 - Bertil and Anja Askelid
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 - Blossom Siegel
 Aba Lefkowitz
 - Mike Lefkowitz
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 - Michael Bare
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 - Larry Wayne
HUSBAND
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 - Carole Miller
 Joel Lewis
 - Michelle Lewis
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 - Yolande Bati
 Moshe Ettinger
 - Ruth Ettinger
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 Daniel Zeickler
 - Edythe Zwickler
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 - Fredda Sussman
 Lazi Goldberg
 - Joan and Chalky Samson
 Murray Segal
 - Michele Snyder

Life Cycle Events in the Shofar
engagements, weddings, births
e-mail the details to
cbn8@cbn8.org

Schedule of Services for November and December

Friday, November 6

5:30 PM Young Family Service & dinner
6:00 PM USY Shabbat Club Service

Saturday, November 7

Shabbat Mevarekhim Hahodesh

9:30 AM Service PARASHAT: HAYYEI SARAH
9:30 AM Coastal Service
Torah: Genesis 24:53 – 25:18
Haftarah: 1 Kings 1:1 - 31

Friday, November 13

6:00 PM Service

Saturday, November 14

9:30 AM Service PARASHAT: TOLEDOT
Torah: Genesis 27:28 - 28:9
Haftarah: Malachi 1:1 – 2:7

Friday, November 20

6:00 PM Service

Saturday, November 21

9:30 AM Service PARASHAT: VAYETSE
Torah: Genesis 31:17 – 32:3
Haftarah: Hosea 12:13 – 14:10

Friday, November 27

6:00 PM Service

Saturday, November 28

9:30 AM Service PARASHAT:
VAYISHLAH
Torah: Genesis 35:16 – 36:43
Haftarah: Obadiah 1:1 - 21

Friday, December 4

5:30 PM Young Family Service & dinner
6:00 PM Service
6:00 PM USY Shabbat Club Service

Saturday, December 5

Bar Mitzvah of Austin Kaufman
9:30 AM Service PARASHAT: VAYASHEV
9:30 AM Coastal Service
Torah: Genesis 39:1 – 40:23
Haftarah: Amos 2:6 – 3:8

Friday, December 11

6:00 PM Service

Saturday, December 12

B'nai Mitzvah of Shannon and Tyler Moss
Rosh Hodesh 1

Shabbat Hanukkah

Hanukkah 6

9:30 AM Service PARASHAT: MIKKEZ
Torah: Genesis 44:16 – 44:17;
Numbers 28:9 - 15
Maftir: Numbers 7:42 - 47
Haftarah: Zechariah 2:14 - 4:7

Friday, December 18

6:00 PM Service
6:00 PM CBI Coastal Service

Saturday, December 19

Bat Mitzvah of Jamie Goldin
9:30 AM Service PARASHAT: VAYIGGASH
Torah: Genesis 46:28 – 47:27
Haftarah: Ezekiel 37:15 – 28

Friday, December 25

6:00 PM Service

Saturday, December 26

Bar Mitzvah of Michael Shugarman
9:30 AM Service PARASHAT: VAYHI
Torah: Genesis 49:27 – 50:26
Haftarah: 1 Kings 2:1 - 12

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Yahrzeit Plaques

The loss of a loved one is a difficult time for us. Memorializing these family members, however, is an important and honored tradition. Each Yahrzeit plaque is a \$360 donation and is personally engraved with proper dates and Hebrew/English names; it is secured to our memorial wall to be lit annually on the appropriate date of remembrance. To order, please call the office at (714) 730-9693.



**October 2, November 6
and December 4**

**CBI's Family
5:30 PM Shabbat Service
followed by Dinner
(for families with children
10 years and under)**

\$10 member • \$15 non-member
(includes children 12 years and over)
\$5 per child member
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Children 2 years and under are free



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Dated Material

Schedule of Services for October

Friday, October 2

*Sukkot 5 – See Front Cover for
Schedule of Services*

Hol Homo'ed

5:30 PM Young Family Service
& dinner

6:00 PM Service ~ Dinner in Sukkah

6:00 PM USY Shabbat Club Service

Saturday, October 3

Bar Mitzvah of Ben Sklar-Parnes

Sukkot 6

Shabbat Hol Homo'ed

9:30 AM Service

Torah: Exodus 33:12 –
34:26

Maftir: Numbers 29: 26 - 31

Haftarah: Ezekiel 38:18 – 39:16

Sunday, October 4

Hasha'na Rabbah

9:10 AM Service

Torah: Numbers 29:26 - 34

Monday, October 5

Shemini Atzeret

Yizkor

9:30 AM Service

7:30 PM Simchat Torah celebration

~ Dancing with the Torahs

Torah: Deuteronomy 14:22 -
16:17

Maftir: Numbers 29:35 –
30:1

Haftarah: 1 Kings 8:54 – 66

Tuesday, October 6

– See Front Cover

9:30 AM Service

Torah: Deuteronomy 33:1 –

34:12; Genesis 1:1 – 2:3

Maftir: Numbers 29:35 – 30:1

Haftarah: Joshua 1:1 – 18

Friday, October 9

6:00 PM Service

Saturday, October 10

Shabbat Mevarekhim Hahodesh

9:30 AM Service PARASHAT:

BERESHIT

Torah: Genesis 5:1 - 6:8

Haftarah: Isaiah 42:5 – 43:10

Friday, October 16

6:00 PM Service

6:00 PM CBI Coastal Service

Saturday, October 17

9:30 AM Service PARASHAT: NOAH

Torah: Genesis 11:1 –
11:32

Haftarah: Isaiah 54:1 – 55:5

Friday, October 23

6:00 PM Service

Saturday, October 24

Bat Mitzvah of Eliana Korisky

9:30 AM Service

PARASHAT: LEKH LEKHA

9:30 AM Dale Schatz

Torah: Genesis 16:1 –
17:27

Haftarah: Isaiah 40:27 –
41:16

Friday, October 30

6:00 PM Service

Saturday, October 31

9:30 AM Service

PARASHAT: VAYERA

Torah: Genesis 21:1 –
22:24

Haftarah: 2 Kings 4:1 – 37

SATURDAYS ONLY

- **Child Care** is available from 10:45 AM until the conclusion of services every week.
- **Junior Congregation** for Grades K through 6 begins at 10:30 AM upstairs in the Family Life Center; October 17, November 21 and December 19.
- **Tot Shabbat** for Preschoolers and parents begins at 11:50 AM in the Family Life Center. October 17, November 21 and December 19.



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